

# 2019 First Responders Mental Health Conference

January 31<sup>st</sup> – February 1<sup>st</sup>, 2019

Day 1	January 31, 2019		
8:30 – 9:05	Welcome - Trudi Rondou		
	Indigenous Welcome - Roberta Price, Coast Salish Elder		
	Mental Health Commission of Canada Video		
9:05 – 9:20	<i>Inception of the BC First Responders Mental Health Committee</i> – Diana Miles		
9:20 – 9:30	Poster Board Introductions		
9:30 – 10:30	<i>Understanding Stigma and Mental Health Issues for First Responders</i> – Chief Bobby Halton		
10:30 – 11:00	<b>Refreshment Break / Visit Exhibitor Booths / Research Poster Viewing</b>		
11:00 – 11:50	<i>Building Resilience</i> – Dr. Stephanie Conn		
11:50 – 12:15	<i>Share It, Don't Wear It: The road to an anti-stigma campaign</i> - Kerri Buschel		
12:15-1:15	<b>Lunch / Visit Exhibitor Booths / Research Poster Viewing</b>		
Theme	Leading for Positive Mental Health Facilitator – Trudi Rondou	Theme	On the Frontline Facilitator – Capt. Steve Farina
1:15 – 1:35	Police - Chief Neil Dubord	1:15 – 1:40	Case Study VFRS - Steve Fraser
1:35 – 1:55	Fire - Chief Karen Fry	1:40 – 2:45	Peer Support Panel - Emma Hyde - Lyndsay Esson - Captain Scott Young
1:55 – 2:15	Paramedic - Linda Lupini		
2:15 – 2:45	Leadership Panel - Chief Neil Dubord - Chief Karen Fry - Linda Lupini		
2:45 – 3:15	<b>Refreshment Break / Visit Exhibitor Booths / Research Poster Viewing</b>		
3:15 – 4:15	<i>Share It! A facilitated reflection</i> – Trudi Rondou		
4:15 – 4:30	Closing Remarks – Trudi Rondou		
4:30 – 5:30	Free time		
5:30 – 7:00	Networking Reception / Research Poster Viewing		
7:00	Gala Dinner - Speaker: Lionel Crowther		

Location: Sheraton Vancouver Airport Hotel, Britannia Ballrooms, 7551 Westminster Hwy, Richmond, BC

Registration	- Britannia Foyer
Sessions	- Britannia Ballrooms A & B
Exhibitors	- Britannia Ballroom C
Research Posters	- East Lobby
Lunch / Breaks	- South Lobby
Dinner	- Britannia Ballrooms A & B

# 2019 First Responders Mental Health Conference

January 31<sup>st</sup> – February 1<sup>st</sup>, 2019

Day 2		February 1, 2019	
8:30 – 8:55	Welcome & Reflection – Trudi Rondou		
8:50 – 8:55	Opening Remarks (video) – Judy Darcy, Minister of Mental Health and Addictions		
8:55 - 9:05	Opening Remarks - Trevor Hughes, Deputy Minister of Labour, BC Legislative Assembly		
9:05 – 10:00	<i>We're All a Little "Crazy" Global Mental Health Alliance™</i> <i>The #SameHere Movement</i> – Eric Kussin		
10:00 – 10:30	<i>Compassion Fatigue: When You Can't Give Anymore</i> – Dr. Mark Davies		
10:30 – 11:00	<b>Refreshment Break / Visit Exhibitor Booths / Research Poster Viewing</b>		
Theme	Claims / RTW Facilitator – Trudi Rondou	Theme	Research / New Approaches Facilitator – Marsha McCall
11:00 –12:00	<i>Building Resilience through Return to Work</i> - Greg Gauthier & Diana Vissers	11:00 – 11:20	<i>Emergency Responders and Workplace Mental Health: Does society protect its protectors?</i> - Dr. Shannon Wagner
		11:20 – 11:40	<i>Building Personal Resilience in Public Safety Personnel</i> - Dr. Greg Anderson
		11:40 – 12:00	<i>Resilience training needs of paramedics &amp; dispatchers: A study of BCEHS staff</i> – Dr. Dan Bilsker
12:00 – 1:00	<b>Lunch / Visit Exhibitor Booths / Research Poster Viewing</b>		
1:00 – 1:30	<i>Moving forward – next steps for mental health case management, recovery and return to work</i> - Jennifer Leyen	1:00 – 1:20	<i>BC First Responder Resiliency Program</i> - Dr. Duncan Shields
1:30 – 2:00	<i>A Collaborative Approach to Mental Health in an Integrated (Fire-EMS) Department: A Case Example</i> - Denise Annicchiarico & Ian Clavelle	1:20 – 1:40	<i>Finding Wisdom in the Wound of Trauma: Research Developments in Healing and Discovery</i> - Dr. Ross Laird
		1:40 – 2:00	<i>Occupational Awareness for Practitioners</i> - Matt Johnston
2:00 – 2:30	<b>Refreshment Break / Visit Exhibitor Booths / Research Poster Viewing</b>		
2:30 – 3:25	<i>Fatigue Risk Management: Circadian Rhythms and Sleep</i> – Dr. Glenn Landry		
3:25 – 3:45	<i>The Power of Positivity</i> - Jamie D. Grant		
3:45 – 4:00	Closing Remarks - Trudi Rondou		

Location: Sheraton Vancouver Airport Hotel, Britannia Ballrooms, 7551 Westminster Hwy, Richmond, BC

- Registration - Britannia Foyer
- Sessions - Britannia Ballrooms A & B
- Exhibitors - Britannia Ballroom C
- Research Posters - East Lobby
- Lunch / Breaks - South Lobby